

Date of first assessment contact: \_\_\_\_\_

Assessing Practitioner (Name and Discipline): \_\_\_\_\_

Client/Others Interviewed: \_\_\_\_\_

**I. Demographic Data & Special Service Needs:**

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Referral Source: \_\_\_\_\_

☐ Non-English Speaking, specify language used for this interview: \_\_\_\_\_

Were Interpretive Services provided for this interview? ☐ Yes ☐ No

☐ Cultural Considerations, specify: \_\_\_\_\_

☐ Physically challenged (wheelchair, hearing, visual, etc.) specify: \_\_\_\_\_

☐ Access issues (transportation, hours), specify: \_\_\_\_\_

**II. Reason for Referral/Chief Complaint**

Describe precipitating event(s)/Reason for Referral,

Current Symptoms and Behaviors (intensity, duration, onset, frequency) and Impairments in Life Functioning caused by the symptoms/behaviors (from perspective of client and others):

Client Strengths (to assist in achieving treatment goals)

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DMH ID#:

Agency:

Provider #:

Los Angeles County – Department of Mental Health

**III. Mental Health History:**

**History of Problem Prior to Precipitating Event:** Include treated & non-treated history.

**Impact of treatment and non-treatment history:** on the client's level of functioning, e.g., ability to maintain residence, daily living and social activities, health care, and/or employment.

**Psychiatric Hospitalizations:** ☐ Yes ☐ No ☐ Unable to Assess  
If yes, describe dates, locations, and reasons

**Outpatient Treatment:** ☐ Yes ☐ No ☐ Unable to Assess  
If yes, describe dates, locations and reasons.

**Suicidal/Homicidal Thoughts/Attempts**

Columbia Suicide Risk Severity Scale Completed? ☐ Yes ☐ No (For Directly-Operated)

If Columbia Suicide Risk Severity Scale NOT completed, describe below and include dates, threat, intent, plan, target(s), access to lethal means, method used:

**Self-Harm** (without statement of suicidal intent) ☐ Yes ☐ No ☐ Unable to Assess  
If yes, describe

**Trauma or Exposure to Trauma:** ☐ Yes ☐ No ☐ Unable to Assess

Has client ever (1) been physically hurt or threatened by another, (2) been raped or had sex against their will, (3) lived through a disaster, (4) been a combat veteran or experienced an act of terrorism, (5) been in a severe accident, or been close to death from any cause, (6) witnessed death or violence or the threat of violence to someone else, or (7) been the victim of a crime?

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Los Angeles County – Department of Mental Health

# ADULT FULL ASSESSMENT

## IV. Medications

List "all" past and present psychotropic medications used, prescribed/non-prescribed, by name, dosage, frequency. Indicate from client's perspective what seems to be working and not working.

<u>Medication</u>	<u>Dosage/Frequency</u>	<u>Period Taken</u>	<u>Effectiveness/Response/Side Effects/Reactions</u>

General Medication Comments (include significant non-psychotic medication issues/history):

## V. Substance Use/Abuse

### ***"MH659 -Co-Occurring Joint Action Council Screening Instrument"***

1. Were any of the questions checked "Yes" in Section 2 "Alcohol & Drug Use"? ☐ Yes\* ☐ No **If yes, complete MH633**  
2. Were any of the questions checked "Yes" in Section 3 "Trauma/Domestic Violence"? ☐ Yes ☐ No **If yes, answer 2a**  
2a. Was the Trauma or Domestic Violence related to substance use? ☐ Yes\* ☐ No **If yes, complete MH633**

*Be sure to document re: Trauma or Domestic Violence in Part A of "Psychosocial History" on page 3 of the Initial Assessment.*

**Does the client currently appear to be under the influence of alcohol or drugs?** ☐ Yes ☐ No ☐ Unable to Assess

**If yes, When was the last time the client used alcohol or drugs?**

**Has the client ever received professional help for his/her use of alcohol or drugs?** ☐ Yes ☐ No ☐ Unable to Assess

**Comments on alcohol/drug use:**

**How is Mental Health impacted by substance use (Clinician's Perspective)?** Must be completed if any services will be directed towards Substance Use/Abuse.

\* MH 633 "Supplemental Co-Occurring Disorders Assessment" completed on: \_\_\_\_\_

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# ADULT FULL ASSESSMENT

## VI. Medical History

MD Name: \_\_\_\_\_ MD Phone: \_\_\_\_\_ Date of Last Physical Exam: \_\_\_\_\_

**Major medical problem (treated or untreated)** (Indicate problems with check: Y or N for client, Fam for family history.)

Fam	Y	N		Fam	Y	N		Fam	Y	N		Fam	Y	N	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Seizure/neuro disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea
	<input type="checkbox"/>	<input type="checkbox"/>	Head trauma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Renal disease/symp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cancer
	<input type="checkbox"/>	<input type="checkbox"/>	Sleep disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Asthma/lung disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual dysfunction
	<input type="checkbox"/>	<input type="checkbox"/>	Weight/appetite chg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Blood disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexually trans disease
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Allergies (If Yes, specify):												
	<input type="checkbox"/>	<input type="checkbox"/>	Sensory/Motor Impairment (If Yes, specify):												
	<input type="checkbox"/>	<input type="checkbox"/>	Pap smear If yes, date: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mammogram If yes, date: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	HIV Test If yes, date: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pregnant If yes, due date: _____

Comments on above medical problems, other medical problems, and any hospitalizations, including dates and reasons.

## VII. Psychosocial History

Please state specifically how Mental Health status directly impacts each area below; Be sure to include the client's strengths in each area.

### Education

Special Education: ☐ Yes ☐ No ☐ Unable to Assess Learning Disability: ☐ Yes ☐ No ☐ Unable to Assess

Motivation, education goals, literacy skill level, general knowledge skill level, math skill level, school problems, etc:

### Employment History, Readiness for Employment and Means of Financial Support

Current Paid Employment: ☐ Yes ☐ No ☐ Unable to Assess Military Service: ☐ Yes ☐ No ☐ Unable to Assess

Work related problems, volunteer work, money management, source of income, longest period of employment, etc:

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**Legal History and Current Legal Status**

Arrests/DUI, probation, convictions, divorce, conservatorship, parole, child custody, etc:

**Current Living Arrangement and Social Support Systems**

Type of living setting, problems at setting, community, religious, government agency, or other types of support, etc:

**Dependent Care Issues**

Number of Dependent Adults: \_\_\_\_\_ Number of Dependent Children: \_\_\_\_\_

Ages of children, school attendance/behavior problems of children, special needs of dependents, foster care/group home placement issues, child support, etc:

**Family and Relationships**History of Mental Illness in Immediate Family: ☐ Yes ☐ No ☐ Unable to AssessAlcohol/Drug Abuse in Immediate Family: ☐ Yes ☐ No ☐ Unable to Assess

Family constellation, family of origin, family dynamics, cultural factors, nature of relationships, domestic violence, physical or sexual abuse, home safety issues, family medical history, family legal/criminal issues

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## VIII. Mental Status Evaluation

Instructions: Check all descriptions that apply

### General Description

**Grooming & Hygiene:** ☐ Well Groomed  
☐ Average ☐ Dirty ☐ Odorous ☐ Disheveled  
☐ Bizarre  
 Comments:

**Eye Contact:** ☐ Normal for culture  
☐ Little ☐ Avoids ☐ Erratic  
 Comments:

**Motor Activity:** ☐ Calm ☐ Restless  
☐ Agitated ☐ Tremors/Tics ☐ Posturing ☐ Rigid  
☐ Retarded ☐ Akathesis ☐ E.P.S.  
 Comments:

**Speech:** ☐ Unimpaired ☐ Soft  
☐ Slowed ☐ Mute ☐ Pressured ☐ Loud  
☐ Excessive ☐ Slurred ☐ Incoherent  
☐ Poverty of Content  
 Comments:

**Interactional Style:** ☐ Culturally congruent  
☐ Cooperative ☐ Sensitive  
☐ Guarded/Suspicious ☐ Overly Dramatic  
☐ Negative ☐ Silly  
 Comments:

**Orientation:** ☐ Oriented  
☐ Disoriented to:  
☐ Time ☐ Place ☐ Person ☐ Situation  
 Comments:

**Intellectual Functioning:** ☐ Unimpaired  
☐ Impaired  
 Comments:

**Memory:** ☐ Unimpaired  
☐ Impaired re: ☐ Immediate ☐ Remote ☐ Recent  
☐ Amnesia  
 Comments:

**Fund of Knowledge:** ☐ Average  
☐ Below Average ☐ Above Average  
 Comments:

### Mood and Affect

**Mood:** ☐ Euthymic ☐ Dysphoric ☐ Tearful  
☐ Irritable ☐ Lack of Pleasure  
☐ Hopeless/Worthless ☐ Anxious  
☐ Known Stressor ☐ Unknown Stressor  
 Comments:

**Affect:** ☐ Appropriate ☐ Labile ☐ Expansive  
☐ Constricted ☐ Blunted ☐ Flat ☐ Sad  
☐ Worried  
 Comments:

### Perceptual Disturbance

☐ None Apparent

**Hallucinations:** ☐ Visual ☐ Olfactory  
☐ Tactile ☐ Auditory: ☐ Command  
☐ Persecutory ☐ Other  
 Comments:

**Self-Perceptions:** ☐ Depersonalizations  
☐ Ideas of Reference  
 Comments:

### Thought Process Disturbances

☐ None Apparent

**Associations:** ☐ Unimpaired ☐ Loose  
☐ Tangential ☐ Circumstantial ☐ Confabulous  
☐ Flight of Ideas ☐ Word Salad  
 Comments:

**Concentration:** ☐ Intact ☐ Impaired by:  
☐ Rumination ☐ Thought Blocking  
☐ Clouding of Consciousness ☐ Fragmented  
 Comments:

**Abstractions:** ☐ Intact ☐ Concrete  
 Comments:

**Judgments:** ☐ Intact  
☐ Impaired re: ☐ Minimum ☐ Moderate ☐ Severe  
 Comments:

**Insight:** ☐ Adequate  
☐ Impaired re: ☐ Minimum ☐ Moderate ☐ Severe  
 Comments:

**Serial 7's:** ☐ Intact ☐ Poor  
 Comments:

### Thought Content Disturbance

☐ None Apparent

**Delusions:** ☐ Persecutory ☐ Paranoid ☐ Grandiose  
☐ Somatic ☐ Religious ☐ Nihilistic  
☐ Being Controlled  
 Comments:

**Ideations:** ☐ Bizarre ☐ Phobic ☐ Suspicious  
☐ Obsessive ☐ Blames Others ☐ Persecutory  
☐ Assaultive Ideas ☐ Magical Thinking  
☐ Irrational/Excessive Worry  
☐ Sexual Preoccupation  
☐ Excessive/Inappropriate Religiosity  
☐ Excessive/Inappropriate Guilt  
 Comments:

### Behavioral Disturbance

**Behavioral Disturbances:** ☐ None ☐ Aggressive  
☐ Uncooperative ☐ Demanding ☐ Demeaning  
☐ Belligerent ☐ Violent ☐ Destructive  
☐ Self-Destructive ☐ Poor Impulse Control  
☐ Excessive/Inappropriate Display of Anger  
☐ Manipulative ☐ Antisocial  
 Comments:

### Suicidality/Homicidality

**Suicidal:** ☐ Denies ☐ Ideation Only  
☐ Threatening ☐ Plan  
 Comments:

**Homicidal:** ☐ Denies ☐ Ideation Only  
☐ Threatening ☐ Target ☐ Plan  
 Comments:

### Other

**Passive:** ☐ Amotivational ☐ Apathetic  
☐ Isolated ☐ Withdrawn ☐ Evasive ☐ Dependent  
 Comments:

**Other:** ☐ Disorganized ☐ Bizarre  
☐ Obsessive/compulsive ☐ Ritualistic  
☐ Excessive/Inappropriate Crying  
 Comments:

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# ADULT FULL ASSESSMENT

## IX. Summary and Diagnosis

**I. Diagnostic Summary:** (Be sure to include assessment for risk of suicidal/homicidal behaviors, significant strengths/weaknesses, observations/descriptions, symptoms/impairments in life functioning, i.e., Work, School, Home, Community, Living Arrangements, etc, and justification for diagnosis)

## II. Diagnostic Descriptor

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## ICD Diagnosis Code (check at least one Primary)

<input type="checkbox"/> Primary	Code _____
<input type="checkbox"/> Sec	Code _____
	Code _____
	Code _____
	Code _____
	Code _____
	Code _____
	Code _____
	Code _____

## III. Specialty Mental Health Services Medical Necessity Criteria:

- |   |                              |                             |
|---|------------------------------|-----------------------------|
| 1. Medi-Cal Specialty Mental Health Included Diagnosis                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Significant impairment in life functioning due to the Included Diagnosis               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Expectation that proposed interventions can impact the client's condition              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Mental Health Condition will not be responsive to physical health care based treatment | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

## IV. Disposition/Recommendations/Plan

## V. Signatures

Assessor's Signature & Discipline

Date

Co-Signature & Discipline

Date

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